

Alex Krainer: Stephen Miller & The Leaked Plot to Attack Iran WHO CONTROLS HIM?

THE LEAKED PLOT

Why did Donald Trump attack Iran when conventional economic and strategic logic pointed in the opposite direction? In this explosive conversation, former hedge fund manager and geopolitical analyst Alex Krainer examines the forces behind the U.S.-Iran confrontation, the White House inner circle, and the ideological framework he believes is shaping Washington's Middle East policy. Krainer explores the controversial theory that messianic and eschatological beliefs may help explain Trump's approach to Iran, alongside the influence of figures such as Stephen Miller and Jared Kushner. The conversation also examines leaked 2019 British diplomatic cables describing efforts to surround Trump with pro-war "whisperers" and push the administration toward confrontation with Iran. The discussion goes far beyond Washington politics. Zulfiqar Ali and Alex Krainer examine Iran's reported 90% uranium enrichment decision, Iranian military doctrine, rejected diplomatic off-ramps involving Pakistan's Field Marshal Asim Munir and China's President Xi Jinping, and the growing possibility of a wider regional conflict. The conversation also looks at the failure of U.S. and Western military operations against Ansar Allah in Yemen, the strategic importance of the Bab-el-Mandeb, Iran's underground infrastructure and alleged tunnel capabilities, and why additional U.S. carrier deployments may not produce the strategic outcome Washington expects. #Trump #Iran #AlexKrainer #IranWar #USIran #MiddleEast #StephenMiller #Geopolitics #IranNuclear #TrumpIran #MiddleEastConflict #USForeignPolicy #Yemen #AnsarAllah #China #Pakistan #XiJinping #AsimMunir #StephenMiller #GeopoliticalAnalysis

#Mr Z

Hello, everybody. Greetings to our global audience. Today is October 3 when we are recording this. And when we publish this, it will be October 4. But our guest, we are greatly honored to have him, is on the other side of the world where it is October 4 already. And by virtue of having—thank you very much for supporting us. We are totally independent media; nobody pays us.

#Mr Z

We are only supported by contributions from people such as those who are listening to us, so if you wish to continue with this, kindly go on and go to our Substack channel, same name, Transition Protocol. For less than what you would pay for a cup of coffee for a whole month, we will deliver these conversations inside your mailbox twice a week. Alex, lots of—lots going on in the world. Instead of taking the off-ramp that was offered to him by President Xi, Trump decided to continue

with his madness and has now ordered the third aircraft carrier group to be in the Indian Ocean. God knows what good that will do, because two aircraft carrier groups hasn't done very much.

Interest rates have gone up to 7.2% for mortgages in the United States, the highest it has been in many, many years. Price of diesel has doubled. That has led to prices of everything going up, particularly food. And within a month, a trillion dollars will be taken off the economy in terms of that portion of the economy that helps people with medical problems, Medicaid cuts, so that the rich can become richer. So with all that going on, Alex, we are deeply interested in hearing what you have to say, bringing your perspective, your years of experience in the financial industry. Please go ahead.

#Alex Krainer

Zulfiqar Ali, first of all, thank you for the kind introduction, and congratulations on your channel's success. I'm very happy to join you today. Unfortunately, you know, I do not have a crystal ball, and I don't have Palantir either. So we're going to have to speculate a little bit about what the future is bringing, especially in the short term. In the long term, I can give you certain predictions which I would say are a mathematical certainty. In the short term, I'm guessing, but I have the impression that the crises that we're experiencing in the world, namely the economic crisis of the Western world, the looming financial crisis, war in Ukraine, and the war in West Asia, I think, are going to get worse before they get better.

And along with them, I think that financial crisis is going to come to an inflection point where things are going to start to collapse very rapidly. You know, rapidly relative to what we've known so far, because, as you said, today is 3 October, your end, 4 October, my end. Life is still relatively normal. You go to a pharmacy, there's medicines on the shelves. You go to supermarkets, there's food on the shelves. We know that throughout history, there's been an episode of acute crisis where practically everything vanishes. Everything comes in short supply. Prices explode, certain social services are no longer provided, and so forth. Anyway, the reason why I think that the economic crisis in the West is largely self-inflicted, and it's getting worse, and I have the impression that this is by design, this is not an accident.

And I've long argued that, based on the historical precedents like Germany in the 1930s, Ukraine after its independence in 1991, and then particularly after the Western-sponsored coup in 2014, it seems to me that the social engineers that are preparing the Western world for war start by immiserating society, because it's very hard to get prosperous people who have good jobs, who have meaningful career prospects, who are looking forward to life and who think in terms of success—"Yeah, why don't we trade with Russia, for example, rather than going to war?" It's very difficult to persuade them to go to war, so first you have to immiserate them. First you have to basically steal their future so that they see no prospects, and then you give them an alternative narrative.

You say, like, "Well, you see how bad things are? It's all because of Russians, and it won't get better until we go and kill the Russians." And so then you start broadcasting these neo-fascist narratives

that suddenly Russia is the existential enemy. And this always happens when the ruling establishments find themselves cornered because they have practically plundered all the wealth in their society. Then they cry, "Barbarians at the gate." And then they get all the fighting-age males in the society, or most of them, to fight a foreign enemy. And that way you get rid of most of them because this is the cohort that's the greatest risk to your system, to your establishment. You know, fighting-age males are going to be the ones, if there's a revolution or a civil war, that's who's going to be your enemy.

So you tell them to go fight the Russians instead, and you get rid of them in large numbers. And then you're left with widows and orphans, which, if you're a member of the Epstein class, you think, like, that's great stuff, you know, and nobody to protect them. So I think that by design, this crisis is going from bad to worse, and it's probably going to continue going from bad to worse because it's being driven in that direction. You know, when we talk about the oil market disruptions, it's very hard to avoid the impression that this is being done deliberately. Example: the destruction of the pumping stations on the East-West Pipeline in Saudi Arabia. That has been done so well and so thoroughly, judging by the satellite images, that whoever did it, you know, planned that action very thoroughly and executed it very professionally.

And as it turned out, the Ansar Allah said, "It wasn't us." And then Iranians said it wasn't us either. And then the suspicion fell on the Iraqi militias, but they said, "We didn't do it either." So who did it? And if it was, you know, rogue elements of the Western intelligence agencies together with IDF, Mossad, whoever, you know, CENTCOM, we don't know. There may be very rotten carve-outs in all this. It could be American Joint Special Forces operations who are completely unaccountable. You know, we know what their budget is, but even the Congress people in the United States may not know what kind of kinetic action they are engaged with. There's British SAS, who are capable military units. So we don't know who did it, but we've seen now for many, many months that refineries, oil storages, oil distribution networks worldwide have come under sustained attacks that just keep happening.

Refineries in the United States, refineries in Europe, refineries in the Middle East, refineries in Africa, refineries in Russia. They keep coming under attack. And, oh, it's the Ukrainians. Oh, it's the Yemenis. Oh, it's, you know, some terror network. But the fact is that this keeps happening, almost as though this is a wanted outcome. And now, you know, the United States is facing a fuel crisis. Not in the sense that fuel is not available, but that it's become extremely expensive to the point where it's causing problems to the economy. And Donald Trump says in public, calls on Zelensky in Ukraine not to target refineries in Russia in order not to further curtail diesel production in the world.

And what happens? Within days, Zelensky turns around and attacks a refinery in Russia. So, you know, if Ukraine's biggest ally has no leverage over Ukraine's president, who is supposedly in charge, who's running the show? It doesn't seem to be that it's Trump. It doesn't seem to be that it's Zelensky. There's something else going on. And this something else is the reason why we have to speculate about outcomes, because we don't know exactly. I kind of propose to call this

something else the Anglo-Zionist conspiracy. Why they are pushing the world towards an acute energy crisis, there could be a few explanations. I don't know which one is right. But for sure, it doesn't seem that they have any inclination to relent.

Because if Trump himself calls on Zelensky to stop hitting Russian refineries, and then Zelensky turns around and strikes at a Moscow refinery, then, you know, Trump's not in charge, clearly. His government's not in charge. They're all dancing to the tune that's emanating from somewhere else. And it all seems somehow coordinated. You know, similar outcomes in the Middle East, similar outcomes in Russia, similar outcomes in Ukraine, similar outcomes across Europe and in the United States as well. So judging by all that, I would say they will push to worsen this conflagration. And I fear that maybe their intent is to escalate military conflicts because the current system of governance in the West is so rotten, it's so fraudulent, and it's a house of cards that's on the verge of collapsing.

And I think that they're panicked, the people who are in control, and I think that their only avenue of hope is to set the whole world on fire, to somehow weasel out of the bar brawl and to then return pretending to be the peacemakers and to say, like, "Wait a minute, wait a minute, wait a minute. Okay, we have to, you know, we need a new Bretton Woods agreement. We need a new United Nations. We need, you know, never again. We're going to put some war criminals behind bars. We're going to put them on trial," and so forth. And then we get again, you know, the Versailles Treaty, the post-World War II peace, new alliances, and so forth. And I expect that that initiative would then emanate out of the City of London, which I think is the ultimate culprit for everything that we're experiencing in the world today.

#Mr Z

Alice, you have talked about the City of London in our earlier broadcasts, and it's a fascinating subject. And very few people will disagree with your characterization of what the City of London is doing, because it has been doing that for at least 100 years, maybe longer. And unfortunately, all the problems that we see—post-colonialism, the artificial boundaries, the conflicts, on and on and on and on—they emanate from the extraordinary level of depravity that emanated from the City of London. So the problem that I see is that 100 years ago, maybe even 70 years ago, post-World War II, countries did not possess the kind of lethality that they have in their weaponry, as is the case today. I mean, Israel is rumored to have 300, maybe 400 atomic weapons, enough to wipe out half the world, maybe more.

Iran is not waiting for Israel to use those lethal weapons. We have privileged intel into Iran, and we have reported this in our channels, that the Supreme Leader gave permission—that was about a month ago, maybe six weeks ago—for Iran to proceed from 60% enrichment to 90% enrichment. Now, that was on the specific request, multiple requests, from the Majlis, which is the parliament. And as you know, as everybody would know who is informed about these matters, going from 90% enrichment to an atomic weapon is just a turn of a screw away. Not too much more effort will be

required for that. And if Israel would commit this extraordinary barbarity of unleashing a nuclear weapon on Iran, Iran is prepared to strike back.

In fact, from our intelligence that we receive from very informed sources inside Iran, Iran is capable of determining if and when that is going to happen and strike first. They have said this repeatedly. Statements from Mohsen Rezaei, right-hand man of the Supreme Leader, head of military, are that we will attack if we are even suspicious of an attack coming our direction. This is a change from where they were at the beginning of this conflict. So, an opportunity was provided to Trump, first by Asim Munir, the field marshal of Pakistan, multiple times, at least twice, to take the off-ramp. And both times it was done on the behest of Trump. Both times he declined. Then, when President Xi came here, he made that offer very specifically. What makes Trump do these extraordinarily stupid things?

#Alex Krainer

Yeah, that's the perfect question. And I struggle to explain it to myself, Zulfikar. But, you know, somehow when you try to—because I was one of those people who, up until just a few days before the attack on 28 February by Israel and the United States against Iran, I was arguing that never in a million years will Trump go to war against Iran because it is so stratospherically stupid that nobody is that dumb. So, of course, they're not going to attack Iran. And I was thinking, you know, Trump is a—or at least seemed to be—a very transactional type of mindset. And so, on the one side, you have Israel, which is a huge liability to the United States in practically all terms, in all ways: financially, militarily, strategically. It's all just downside risk.

But Iran is potentially a business partner because it's a large country with 92 million population, with a very highly educated workforce, one of the top countries in the world in the number of engineers that it produces through its educational system, and the fifth country in the world in terms of natural resource wealth. It's also very strategically placed to be, let's call it, the anchor of security architecture for the whole region. So, of course, partnering with Iran made all the sense in the world because that could be a business bonanza for American businesses, for American corporations, you know, to simply partner up with their Iranian counterparts and develop business, and then to start to expand their reach in Eurasian markets.

It made all the sense in the world. So when Trump pulled the trigger and attacked Iran, I was shocked. And then, you know, how could you possibly explain that he has done the dumbest of all possible moves presidents before him were pressured into doing and declined to do? And even he himself declined to attack Iran in 2019 when he was heavily pressured into doing it by the British Embassy in Washington, D.C. We have to always remember that, that it was the British Embassy in Washington, D.C. that was kind of the ringleader of this pressure on Trump to go to war against Iran at that time. So, I've, in the last two years, you know, I've come across... Alex, you know, you're not that far off.

#Mr Z

And the reason why a light bulb went off in my head is because this is what the Secretary of War, not the Secretary of Defense, as we have, you know, had in the Constitution for the last, you know, a few hundred years, Pete Hegseth, said. This is what he believes in. Yes, he is an advocate of this, in a holy war. He's a holy warrior.

#Alex Krainer

Yes, correct. I will say this, Zulfikar. Once you take this eschatological perspective into account, then the more you observe, the more evidence you find. Let's say that the real-world evidence, rather than shooting down the story, it actually increasingly corroborates the story. The role of Jared Kushner, it's very strange. Why is he there? Who elected him? Why would he even be involved in everything? He's like the Swiss Army knife of U.S. foreign policy. He's everywhere: negotiating with the Russians, negotiating with the Israelis, negotiating with—coordinating with Israelis, deeply involved in Israeli military industry and intelligence apparatus activities, negotiating with all these Middle Eastern Gulf kingdoms to try to subdue Iran or get them to heel somehow.

He doesn't know the first thing about negotiations. He has no diplomatic experience. He actually just happens to be a wealthy guy from New York who built his wealth in a way that doesn't make him look particularly impressive. You know, if you have been a real estate investor in the United States, you didn't need to be too bright, because basically it would be like buying gold and then seeing gold prices double from, I don't know, 2021 until 2025. And then what? It's not like you're a genius. That just happened. The market just gave you a windfall. So the Kushner family became billionaires on the back of the U.S. real estate market, but they didn't invent anything.

They didn't—you know, I listened to Jared Kushner many times giving interviews, giving speeches. He's not an impressive man. The United States is capable of sophisticated, impressive leadership. There's a lot of quality among the American people, among American diplomats. And instead we get this one billionaire boy prince, who now seems to be the dominant influence on U.S. foreign policy. And I have to mention another name, who is also in the same camp: Stephen Miller.

Now, Stephen Miller, in a recent interview with Colonel Lawrence Wilkerson, said that he has very credible information from inside the Trump White House that Stephen Miller is one of the most powerful people in the government, that he's practically directing U.S. foreign policy. Now, the interesting thing about Stephen Miller, in addition to him being an arch-Zionist, is that he was also identified by the Washington Post in the aftermath of that 2019 push to go to war against Iran as one of the quote-unquote Trump whisperers. Because what happened then, in 2019, was that the Iranians shot down a drone over the Persian Gulf.

And then there was this big push to pressure Trump into going to war against Iran. And the whole pressure campaign was run out of the British Embassy under Sir Kim Darroch, who was then

ambassador, now Lord Kim Darroch. And then, in the aftermath of that, there was a leak of cables that went between the British Embassy in Washington and the Foreign Office in London, between Sir Kim Darroch and the Foreign Office. A bunch of these cables were released, leaked out by Anonymous, and what Sir Kim Darroch was saying at that time was that, well, you know, they were very, very disappointed that Trump didn't attack Iran.

But he was saying that if we surround Trump, if we, he used the words, flood the zone around Trump with Trump whisperers, then the next time Iran does anything provocative, Sir Kim Darroch believed that they could push Trump over the edge to attack Iran, finally, and to take the United States to war against Iran. And later, the Washington Post identified a number of these quote-unquote Trump whisperers, and Stephen Miller was one of them. And there's another group of people, Kellyanne Conway, off the top of my head. Gosh, I can't—I think seven or eight of them the Washington Post identified by name. And they're still close to the government. But one of the main people was Stephen Miller. And so now Stephen Miller turns out to be one of the most powerful people in U.S. government.

#Mr Z

A final question that I would like to pose to you, because of your scholarship in this, is: Iran is not going to oblige the Zionists and the Trump whisperers and the City of London and the Rothschilds and everybody else with just lying down and allowing them to run it over. In fact, Iran has demonstrated—three-fourths of the U.S. population believes this—has emerged dominant, has emerged victorious. And the majority of the people in the world believe this. So that plot doesn't seem to be going too well.

#Alex Krainer

No, it's going horribly wrong for the Zionists. And I think that, well, you know how Ansar Allah launched this assault on the Saudi-backed Southern Transitional Council government, took control of the Bab el-Mandeb Strait, and are continuing to take control over large areas of southern Yemen, and might even expand this war to reclaim the three provinces that were taken from them in the 1930s by the Saudis. And they might end up dethroning the Saud family as a consequence of all this. And so, you know, this wasn't just like a knee-jerk reaction like that because the Saudis bombed Sana'a Airport.

This was an operation that has been planned before. I'm using the timeline given by Alastair Crooke, who is very, very well informed about these things and a very, very credible analyst. This operation has been planned for at least seven years, and it was executed in a very impressive fashion. It was very effective. And the reason why I mention this, because it's, as Alastair Crooke says, it's more than a military action. It's actually the beginning of a revolution in Western Asia. And we know also that this has been planned in coordination with Hezbollah in Lebanon, and that Hassan Nasrallah had a special envoy there in Sana'a to liaise with Ansar Allah. We found out this year, just a few weeks

ago. Until then, we didn't know. So I have to ask myself, what else do we not know? Because, as we know, the Iranians have been preparing for this conflict against the empire for over 20 years.

We know that they have built these deeply impressive underground cities, practically, that the United States, with all their big bombs, hasn't been able to even put a scratch on. They keep—they hit some of these sites dozens of times, and they keep launching missiles from those sites. So, you know, I have to ask myself, what else do we not know? What other preparations have been planned and prepared that might just be exploding into reality in the very near future, like the Yemeni military action over the last few weeks. So I think that not only has the current war against Iran and against Yemen gone horribly wrong for the Zionists, but I think there's a whole hailstorm of consequences that is coming their way. And on the other side, you know, Trump is bringing there the third aircraft carrier strike group.

Everything they do is very transparently obvious to the Axis of Resistance, to the Iranians, to the Yemenis, to everyone else who's opposed to the Anglo-Zionist conspiracy in that region. All they do is launch sorties and drop bombs. They have nothing else. And this has obviously failed for more than 10 years now. They've been launching bombing raids against Yemen for more than 10 years now. This started in late 2014. First, you know, the proxy war run by Saudi Arabia, supported by not just the United States, but in particular by the British, because the British were the number one enabler of Saudi war against Yemen from 2014 until 2022. Then we had Operation Prosperity Guardian, launched in December of 2023, which was not just the United States.

It was a good chunk of NATO who participated in it, with French warships, Italian warships, British warships. They all participated in this operation, did nothing. And then in March last year, Trump launches Operation Rough Rider. And he's announcing, "Now we're going to take care of them. We're going to bomb them like nobody's ever seen before." And then a few weeks later, they have to tuck their tail and beg, practically beg the Yemenis for a truce, for a settlement so that the naval traffic can still go through the Bab al-Mandeb Strait. So if they were not able to subdue Ansar Allah for 10 years, what are they going to do now that's going to be different?

And Iran is still more powerful than Ansar Allah and hasn't shown all their cards. Just as an exercise in imagination, and I don't know this to be true, but when you think about it, how has Iran been able to build all these underground facilities, which are enormous? They didn't do it with a pickaxe and shovels. So I suspect that one of the very effective and advanced technologies that the Iranians must have developed is boring technologies, excavation technologies. You know, if they have these very impressive missiles, maybe they also have very impressive excavation technologies.

Okay, if that's the case, how far could they have built their network of tunnels over the last 20 years? I don't know the answer to that question, but I think it's extremely interesting to consider, because this could be one of the surprises that are in the... You remember, like a year or two ago,

Russians staged a very spectacular military operation where Russian infantry, I forget the number of them, but I guess maybe a few dozen or 200 or so, used an emptied pipeline to advance behind the enemy lines and then attack them from behind. I don't know if you remember that.

#Mr Z

Yes, yes, yes.

#Alex Krainer

So you see, the ability to go underground and turn up in force where the enemy has no idea that you could be can be a very powerful military—not weapon—facility, let's say, piece of infrastructure. And we don't know, we don't know what cards Iran and their Axis of Resistance have up their sleeve. But I think that the more Trump and the Israelis fuck around, the more they'll be finding out, and we all will be finding out.

#Mr Z

Well, I've been saying that. We have been saying that on this channel since we started 90 days ago, and it has been proven again and again and again to be true. So the final question, Alex—it's been a fascinating conversation. The final question I'll ask you is the following. Yes, I totally understand this eschatology that you have explained, and I believe that there are a number of signs that point to that. I mean, look at his Secretary of War. I mean, you just have to look at his tattoos. You know, he's inscribed all over his body that he is a holy warrior. Look at the ambassador to Israel. I mean, he believes that Armageddon must happen so that the Rapture needs to take place.

I mean, Huckabee, this complete clown. And there are so many others. And in the United States, the biggest group that has never, never withdrawn their support of Trump, regardless of what he does, including insurrections, including, you know, crimes and all kinds of stuff, are the evangelicals. I mean, that is his largest support group, the evangelicals. And that support never goes away. I mean, it is at 30% of the U.S. voting population, or U.S. population. It has remained that regardless of the level of depravity that Trump demonstrates. So, I mean, it's just everywhere. But Iran is not obliging. In fact, Iran is turning the tables.

#Alex Krainer

Yes.

#Mr Z

They have lethality, you know, undisclosed. Mach 10, I'm told, is the speed at which their latest missiles can travel. Nobody can stop a Mach 10 missile. There is nothing that will stop that. And it

can break out into multiple warheads and cause extraordinary devastation. This naval blockade is being conducted from many, many thousands of kilometers away. It's actually a joke. It's not a real blockade. So Iran is not obliging. These people are hell-bent on achieving their rapture, or whatever it is that they're trying to achieve. You know, this laughable assertion that Mr. Trump is the first Messiah. I mean, my God, you know, that has got to be truly, truly bizarre. So with Iran not obliging, Ansar Allah not obliging, what happens then?

#Alex Krainer

Yeah, that question exactly leads me to the conclusion that very probably, further escalation. Because this level of crazy cannot tolerate the idea that Iran is suddenly the dominant force in the region and that all their plans and agendas are now essentially broken. They're not going to make peace with that. So, you know, unless there's some kind of a coup where they remove Trump from office and they conduct a thorough purge of all these Zionist elements from the American government structures, they're just going to be pushing forward. They're going to be pushing forward at all costs because, you know, my God, rapture, Armageddon, the Messiah, all these things are so much more important than American democracy. And whether, you know, whether diesel costs \$6 or \$10, who cares? This is far too important, you know. And look at us. We're making it happen. So if that's what's driving the events, then they're going to get worse before they can get better.

#Mr Z

Alex, honest to God, I say this with utmost sincerity. This is the first time, I've been talking about it regularly every day for the last three, four months since this channel got started, you have actually made sense by advancing an extraordinary theory. You have actually made sense, because nothing makes sense.

#Alex Krainer

Yeah, I don't take credit for this. I have heard it from other people, but I've heard it from people who are very, very well-versed and very learned in these matters. And then, you know, I went and did my own research. And then I've been paying attention to, you know, what Trump is saying, what Kushner is saying, what Hegseth is saying, what various of these Chabad rabbis are saying, what Benjamin Netanyahu and people around him are saying. And, you know, all of it falls very close to these eschatological ideas.

So I think that it would definitely be a line of reasoning to explore and to investigate further. I have to say, I hope that I'm wrong, because it's just crazy on the level of Crusades, right? It is Crusades. Yeah, it's that insane, and it's that potentially destructive. You know, back during the Crusades, we

had cold weapons. Now we have nuclear weapons. So, you know, I would prefer to be wrong. I would much prefer to be wrong, but I have to kind of look at things as they appear, and, you know, they appear profoundly crazy.

#Mr Z

Well, Alex, fascinating conversation as always. And you opened up my eyes and ears to something that had bedeviled me, literally, since the beginning of our channel, since we started exploring this. Nobody has been able to explain this. And this is the only thing that actually makes sense, repeatedly. Repeatedly, it makes sense. So thank you so much. I really appreciate having you here. I appreciate your perspective. I mean, you are not a person who engages in conspiracies. You are a financial expert. Financial markets are your expertise. And here you are talking about explaining the crazy in eschatological terms. So it makes sense.

So many, so many signs in that direction. So thank you very much. I shall see you two weeks from now. Two weeks too long. But I really appreciate your time, and I'm grateful that you made your time available to us. To our audience, if you like what we have to offer to you, which is extraordinary commentary from extraordinary people with great expertise and knowledge and informed opinions, please go to the Substack channel, become a paid member, because that is the only way we get supported. We don't take money from anyone. For less than what you will pay for a cup of coffee, we will deliver this twice a week inside your mailbox. Thank you.